



Foothill Regional Medical Center

Bariatric Support Groups

We're Going Virtual!

2023 Schedule

Every First Monday
5-6 p.m.

Program:

Guest speaker topics range from sharing successes and challenges, recipes, weight-loss and maintenance tips, and Q&A.

Bring all your questions/concerns to share!

Registration:

To receive a Microsoft Teams invitation,
text your email and preferred date(s) to:
(714) 683-3836



**Foothill Regional
Medical Center**