



Foothill Regional Medical Center Bariatric Support Groups We're Going Virtual!

2022 Bimonthly Schedule:

Jan. 31, March 28, May 23, July 25,
Sept. 26 and Nov. 28
5-6 p.m.

Program:

Guest speaker topics range from sharing successes and challenges, recipes, weight-loss and maintenance tips, and Q&A. Bring all your questions/concerns to share!

Registration:

To receive a Microsoft Teams invitation, text your email and preferred date(s) to:
(714) 683-3836



**Foothill Regional
Medical Center**